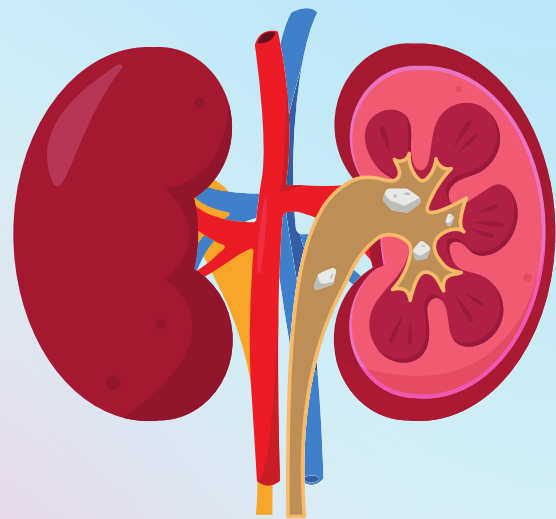




CHRONIC KIDNEY DISEASE (CKD) WORKSHOP



Presented by: Cynthia Polis, RN, Renal Education Specialist

- **Learn what CKD is, its impact and what to expect.**
- **Discover why labs are important and how your medications keep you healthy.**
- **Gain knowledge about potassium, phosphorus, protein and maintaining a low sodium diet.**
- **Explore different treatment options for CKD to help you make the choice that's right for you.**

Location	Date	Time	Contact
National City	June 6	9:30 am	619-475-4900
La Mesa	June 7	1 pm	619-461-3880
Chula Vista West 340 4th Avenue #4	June 10	9:30 am	619-427-1144
Chula Vista East 752 Medical Ctr. Ct. #302	June 10	1 pm	619-421-3361
Escondido	June 11	10 am	760-294-1660
Oceanside	June 11	1 pm	760-967-9900
La Jolla	June 20	1 pm	858-558-8150

Call to reserve your seat!